### Children Swim Programs

### **Swim Lessons NEW!**

Experience the excitement of learning the fundamentals of swimming! Our well-trained staff will share their passion for swimming while making each class extremely fun with a focus on developing proper technique.

**Ages:** 3-12 years old

**Days:** Mondays through Thursdays **Fee:** \$72 Member / \$90 Non-Member

Min/Max: 4/6 - Class ages 3-5 are a max of 4.

Session 1 Class Code 017061 017062 017063 017064 017065 017066	<b>Ages</b> 3-5 6-12 6-12 6-12 3-5	<b>Dates</b> 6/5-6/15 6/5-6/15 6/5-6/15 6/5-6/15	7:15 - 10:00 am 9:15 - 10:00 am 9:15 - 10:50 am 10:05 - 10:50 am 11:00 - 11:45 am 3:45 - 4:30 pm	Session 3 Class Code 017073 017074 017075 017076 017077 017078	<b>Ages</b> 3-5 6-12 6-12 6-12 3-5	<b>Dates</b> 7/10-7/20 7/10-7/20 7/10-7/20 7/10-7/20 7/10-7/20	7:15 - 10:00 am 9:15 - 10:00 am 9:15 - 10:50 am 10:05 - 10:50 am 11:00 - 11:45 am 3:45 - 4:30 pm
	6-12	6/5-6/15	3:45 - 4:30 pm		6-12	7/10-7/20	3:45 - 4:30 pm
Session 2 Class Code 017067	Ages 3-5	<b>Dates</b> 6/19-6/29	<b>Time</b> 9:15 - 10:00 am	Session 4 Class Code 017079	Ages 3-5	<b>Dates</b> 7/24-8/3	<b>Time</b> 9:15 - 10:00 am
017067	6-12	6/19-6/29	9:15 - 10:00 am	017077	6-12	7/24-8/3	9:15 - 10:00 am
017069	6-12	6/19-6/29	10:05 - 10:50 am	017081	6-12	7/24-8/3	10:05 - 10:50 am
017070							
017071	6-12 3-5	6/19-6/29 6/19-6/29	11:00 - 11:45 am 3:45 - 4:30 pm	017082 017083	6-12 3-5	7/24-8/3 7/24-8/3	11:00 - 11:45 am 3:45 - 4:30 pm

### **Private Swim Lessons**

Our experienced instructors will help you achieve personalized goals around your schedule. Private one-on-one swim lessons are \$40 per 45 minute lesson. A semi-private swim lesson (2 people) is \$50 (\$25 per person) for a 45 minute lesson.

### **Water Polo**

Learn and play the fast and exciting game of water polo! No water polo experience is necessary, however you must be able to tread water for 20 seconds and be able to swim across to the other side of the pool unassisted. We will teach you the very basics of water polo including technique, teamwork and strategy. The water polo team will compete in 2 or 3 late afternoon/early evening matches during the season. \*No class 7/4.

Class Code	Ages	Days	Dates	Time	Fee (M / NM)
017085	6-18	Tue & Thur	6/13-7/27*	10:30 -11:30 am	\$130 M / \$160 NM

## Adult Swim Programs

### **Masters Swim Program**

Are you looking for an early morning swim? Our Master's Swim Program is designed for adults ages 17+ who are looking to practice and improve strokes, challenge yourself with speed and endurance sets, while focusing on ftness and fun! No competitive experience is needed, just the desire to have fun!

**Ages:** 17+ **Min/Max:** 4/12

Class Code	Dates	Days	Time	Fees
017086	6/5-6/23	Mon/Wed/Fri	5:30-7:30 am	Free
017087	6/26-7/14	Mon/Wed/Fri	5:30-7:30 am	Free
017088	7/17-8/4	Mon/Wed/Fri	5:30-7:30 am	Free
017089	8/7-8/18	Mon/Wed/Fri	5:30-7:30 am	Free

#### **Water Aerobics**

Grab your swimsuit and come to the pool for an energetic water workout! You do not need to be an experienced swimmer. This is a fun, refreshing and low-impact exercise class that is easy on your joints!

Ages: 17+ Min/Max: 4/12

Class Code	Dates	Days	Time	Fees (M / NM)
017090	6/5-6/23	Mon/Wed/Fri	7:30-8:30 am	\$108 M / \$130 NM
017091	6/26-7/14	Mon/Wed/Fri	7:30-8:30 am	\$108 M / \$130 NM
017092	7/17-8/4	Mon/Wed/Fri	7:30-8:30 am	\$108 M / \$130 NM
017093	8/7-8/18	Mon/Wed/Fri	7:30-8:30 am	\$72 M / \$87 NM

# **Program Registration Form**

Part 1 - Name & ad	ldress of person pa	ying for program	s (not participant name)				
Name (Last)			(First)				
Street Address							
City			_ Cell Phone				
Email Address			Home Phone				
Emergency Contact	t		Emergency Phone _				
How did your hear	about the Oak Broo	k Swim & Tennis C	lub?				
Part 2 - Programs							
Name of Class	Class #	Fee	Participant Name	Sex	Date of Birth		
Part 3 - Payment 0	ptions	Part 4 - Revie	w & Sign				
	Cash		Please read this form carefully and be aware that in signing up and participating in this				
Check Credit Card		program(s), you	program(s), you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might				
		sustain as a result of participating in any and all activities connected with and associated					
Card Number		with this progra	m(s). acknowledge that there are	cortain risks of ph	voical injury to participants		
		in this program	(s), and I voluntarily agree to	assume the full ris	sk of any and all injuries,		
Exp. Date/			damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor				
Security Code		child/ward may	child/ward may have (or accrue to me or my child/ward) as a result of participating in this program(s) against the Village of Oak Brook, including its trustees, officers, employees,				
Signature			legal representatives.	, including its trust	tees, officers, employees,		
Signature			fully understand the above v				
Part 5 - Return For	m		risk. If registering on-line or valued in the same legal effect				
Mail or Drop off:		If the signatur	PARTICIPATION WILL BE DENIED  If the signature of adult participation or parent/guardian and date are not on the waiver.				
800 Oak Brook			in the signature of addit participation of parentyguardian and date are not on the walk				
Oak Brook, IL 6							
Fax with payment: 630.368.6423 Email: cthompson@oak-brook.org		Participant's Sig (18 years or old	nature er or Parent/Guardian)		Today's Date		